

# PDP

## PROFESSIONAL DEVELOPMENT PIPELINE



### GRAD SCHOOL EXAMS: THE NEXT BIG THING

Getting into a desired graduate program often comes down to taking and scoring well on a graduate school examination.

### PDP SAB: THE GAME CHANGERS

An exclusive look at the visionary student leaders that worked tirelessly to create this magazine.

### THEIR LIVES IN 24-HOURS

Follow along with a professor and senior as they chronicle their daily activities in this fascinating 24-hours series.



*"The best way to*

**predict your future**

*is to create it."*

**-Abraham Lincoln**

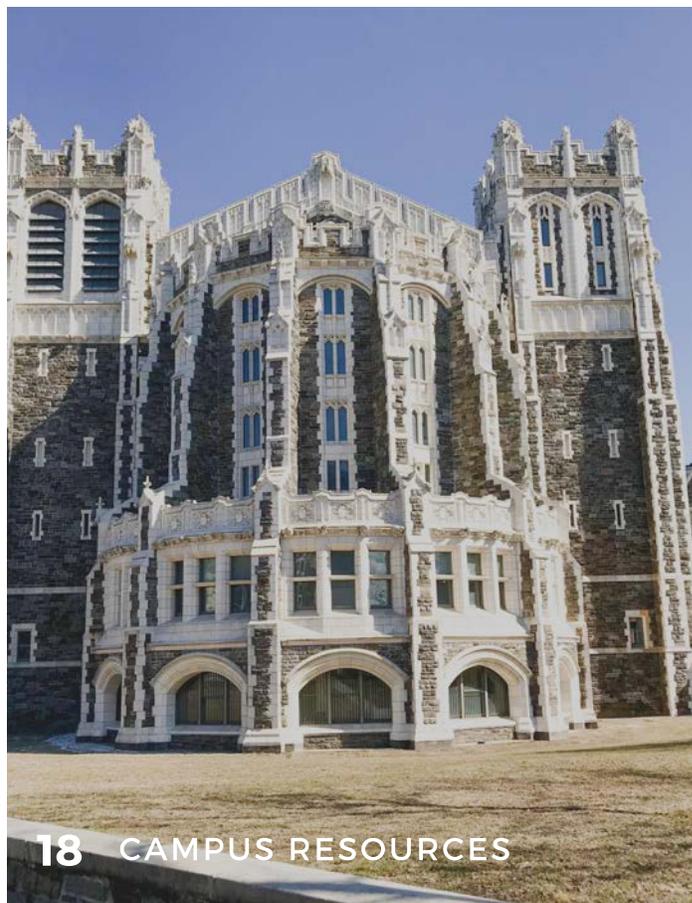
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## THE IMPORTANCE OF PROFESSIONAL DEVELOPMENT

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When I decided to embark on this journey into academia, I knew that I wanted to impart on my students the most important life lessons I learnt throughout my studies. Reading up on effective teaching pedagogy left me with countless (and often peculiar) mandates to “encourage specificity during class discussions,” “use praise judiciously,” and even to always “print exams on white paper.”

However, when speaking to my students, their concerns were unsurprisingly less about the color of exam packets and more about reconciling their academic passions with seemingly limited career options. Over the years, my students bemoaned the lack of information available to them on how to successfully navigate their time in college.

Hearing those concerns, I did what I often do when faced with a challenge - I got to work!. I applied to be an Andrew W. Mellon Teaching Fellow. As a Mellon Teaching Fellow, I participated in the Center for the Humanities' Seminar on Public Engagement and Collaborative Research. This experience afforded me the opportunity to experiment with a new pedagogical approach that infuses the types of advantages that I received during my studies (i.e. professional development, peer mentoring, and networking opportunities) into my classroom and curriculum.



This magazine is one of the outcomes of those efforts. I am eternally grateful for the generous funding from the Andrew W. Mellon Foundation and the endless support of the Center for the Humanities staff. Kendra Sullivan, Alisa Beshler, Jordan Lord, and Sampson Starkweather - thank you all for being such staunch supporters of and cheerleaders for this project. To the illustrious Student Advisory Board - Spyridoula Fotinis, Nina Iandolo, and Nancy Moreno - working on this project with you was an immense pleasure.

I hope you all enjoy reading this issue, as it truly was a labor of love.

**Karen Amaka Okigbo**  
Editor-in-Chief

# 2019 Professional Development Pipeline

The Professional Development Pipeline (PDP) seeks to bridge the gap between curriculum and professional development in undergraduate education by introducing students to young professionals of diverse backgrounds with myriad professional trajectories. In an age when networking and professionalism are key indicators of post-baccalaureate success, projects such as PDP are key to introducing and instilling the importance of professionalism in students.

# STUDENT ADVISORY BOARD



Spyridoula Fotinis, Nina Iandolo, and Nancy Moreno are the Student Advisory Board for the Professional Development Pipeline (PDP). Their overall aim for PDP is to provide undergraduates with information on how to navigate college more effectively. One way through which they hope to achieve this goal is through the creation and dissemination of this magazine. Ultimately, they hope this project will inspire all CCNY students to become great leaders in their chosen professions and valued members of their communities.



## **SPYRIDOULA FOTINIS**

Spyridoula Fotinis is an undergraduate senior at the City College of New York (CCNY) studying International Studies and Sociology.

Spyridoula is grateful for her academically challenging and rewarding time at CCNY. After May graduation, Spyridoula will work for the Greek Orthodox Archdiocese of America in the Department of Inter-Orthodox, Ecumenical, and Interfaith Relations as the Programs Coordinator. Programs will focus on social issues and interfaith dialogue for the Department and at the United Nations under the Archdiocese's ECOSOC status.

## **NINA IANDOLO**

Nina Iandolo is an undergraduate senior at the City College of New York (CCNY) majoring in English Literature and double minoring in Anthropology and Sociology.

Nina was born in Naples, Italy but raised in the suburbs of Washington DC, and has always been passionate about language and literature. She is currently completing her publishing certificate at CCNY and interning at Ayesha Pande Literary. Nina hopes to continue in the publishing industry after graduating.



## **NANCY MORENO**

Nancy Moreno is an undergraduate senior at The City College of New York (CCNY) double majoring in Psychology and Sociology.

At CCNY, Nancy is part of the Colin Powell School for Civic and Global Leadership as a Partners for Change Fellow in the Human Rights division. She is currently a research intern at Freedom from Fistula Foundation, an NGO affiliated with the United Nations. Nancy plans to graduate in the fall of 2019 with the goal of becoming a juvenile counselor who works closely with the youth in her community. She hopes to inspire young adults in low-income communities to pursue higher education.



# 24-HOURS

*Nehal Naser is a graduating senior in the Colin Powell School for Civic and Global Leadership, majoring in International Studies with a minor in Women's and Gender Studies. She is a single mother of two, a writer, a budding graduate student, and an aspiring professor. This is a day in her life...*



## MORNING

- **5:00 AM** - I wake up, make my bed, and head over to the kitchen to make coffee and breakfast.
- **5:30 AM** - I have a quiet breakfast and mentally prepare for the day.
- **6:00 AM** - I check emails, do a daily writing exercise and pack my bag for the day.
- **6:30 AM** - I wake my two children and they get dressed while I pack their school lunches and prepare their breakfast.
- **7:00 AM** - The kids sit down at the table for breakfast while I get dressed
- **7:30 AM** - We're out the door and walk to their elementary school. I drop them off and walk over to the train.
- **7:45 AM** - I begin my long commute from South Brooklyn to CCNY.
- **9:30 AM** - I walk over to my first class in Shepherd hall from the 137th street train station.
- **10:45 AM** - My first class ends, and I rush over to Marshak for my second.

## AFTERNOON

- **12:15 PM** - My second class ends and the only break I have all day begins. I usually use this time to finish up any readings or assignments that I haven't completed, or catch up on a good book. This is also when I grab a quick bite for lunch.
- **1:30 PM** - I walk over to the Muslim Students Association's campus prayer space in Shepherd hall and get my afternoon prayers in before the second half of my day begins.
- **2:00 PM** - My third class of the day begins. This one is almost three hours long, so I'm sure to have a few (quiet) snacks on hand to grab as needed.
- **4:45 PM** - End of third class. As I walk over to my final class of the day, I call and check in with my children, who have been picked up by their grandmother. I answer any questions they have about their homework and talk through solutions with them.
- **5:00 PM** - My last class of the day begins. This class is also three hours long, so caffeine is a must.

## EVENING

- **8:00 PM** - Final class of the day ends. I grab dinner on the go, and my commute home begins.
- **9:30 PM** - I pick up the kids from my mother's apartment, head upstairs to mine (thank goodness we live in the same building!) and after hearing all about their day, get them each in the bath and in bed in time for a bedtime story and lights out.
- **10:00 PM** - My first quiet moment to myself all day. I brew a cup of herbal tea and sit down to enjoy it in silence.
- **10:30 PM** - I begin working on readings and assignments that will be due the next day of classes.
- **11:30 PM** - I turn in for the night in preparation for another early morning start

# 24-HOURS

*Carol Taylor is a 30 year publishing veteran, a former Random House book editor, a best-selling author of 10 books, a ghost writer, and the Editorial Director of a literary agency. She teaches Introduction to Book Publishing and The Editorial Process in the Publishing Certificate Program at City College. This is a day in her life...*



## MORNING

- **7:00 AM** - I wake up and make my bed and stumble into the kitchen to make coffee.
- **7:30 AM** - I drink my coffee and prep for my Intro to Publishing class. I go over the syllabus and do any assigned reading for the class. I pack my bag with the papers I graded the night before and have that ready for when I walk out the door.
- **8:00 AM** - I shower and dress for class. I'm pretty casual and dress for my commute in jeans and a T-shirt, my uniform.
- **8:35 AM** - I grab a banana and then I'm out the door and heading to catch the MetroNorth to the Marble Hill stop at 225 Street. There I'll get the #1 train to 137th Street City College.
- **8:45 AM** - I'm at the train station waiting for my 8:49 train. While waiting I buy my eTicket.
- **8:49 AM** - I finish my banana and board my train.
- **9:00 AM** - I exit at Marble Hill and walk a minute or so to the 225 street #1 train connection, which will take me down town to 137th Street and City College.
- **9:15 AM** - I'm walking up the big hill from Broadway and 138th to Convent. I stop at the NAC building to make copies for my students then I head over to my classroom in Shepard's Hall.
- **9:30 AM** - I arrive, greet my students and teach class.
- **Noon** - I leave class to meet my colleague from work and one of our clients whose book is being published this month. He's in NY for his book launch, and a book event at Barnes & Noble on the Upper West Side. We're going to have a quick catch up about his upcoming 9- city book tour, prep him for some of the events, and give him any necessary feedback or support.

## AFTERNOON

- **2:00 PM** - I'm back home and have a conference call with an illustrator we represent who may do a graphic adaptation of a bestselling nonfiction book. We are listening in while the illustrator chats with the agents of the author of the nonfiction book to understand his take on the material. They are interviewing a few illustrators.
- **2:45 PM** - We hang up and I make a quick snack, which I'll eat at my desk while I continue to work servicing and supporting our authors and being the mediator between them and their publisher.
- **3:30 PM** - I chase down outstanding contracts with our contracts manager to see where we are in the negotiations process with the publisher and when the contract might go out to the writer.
- **4:00 PM** - I vet a magazine contract for a client, who is writing a piece for the publication and make revisions, which I then send to the client.
- **4:30 PM** - I follow up to schedule phone calls with a client and a book editor and one of their authors to discuss a project they might collaborate on.
- **5:00 PM** - I continue to follow up on emails, scheduling, reading submissions, trafficking contracts, emailing clients to find out if they will deliver their ms. on time to their editor.
- **5:30 PM** - I have a long email to reassure a client whose pub date was pushed back a year to better maximize the book's marketing potential.

## EVENING

- **7:00 PM** - I start to prep for my Wednesday class.
- **8:00 PM** - I finally get some down time to decompress.
- **10:30 PM** - I'm usually in bed by now because I get up pretty early in the morning.
- **6:30 AM** - I wake up and start my day...

# YEAR

- Attend the college orientation for Freshman.
- Get to know your professors. You will need letters from them soon.
- Always go to class. Your professors notice when you skip.
- Back up your files when working. Technology will fail you at the most inconvenient time.



## 2

- Get involved in campus activities.
- Secure an internship over the summer to forge professional connections.
- Get out of your comfort zone and try new things (classes, clubs, extracurriculars, etc).
- Become comfortable with public speaking. This skill will prove invaluable.

## 3

- If possible, consider studying abroad.
- Attend career fairs, when there is no pressure to get a job.
- Consider graduate school and begin prepping for exams.
- Reach out to alumni from your discipline. Meet with them for informational interviews.



# *Easy as 1-2-3-4: Navigating the College Timeline*

## **Finalize Your Grad School List!**

Gather your list of potential graduate schools and confirm the materials needed to apply. Keep track of all important deadlines and pencil them into your calendar, so as not to miss any important dates.

## **Sanitize Your Social Media!**

Yes, social media is here to stay. But that does not mean future employers should see all that you revealed in over the past four years. 84% of companies research candidates, so make sure your profile reflects the best version of you.

## **Network! Network! Network!**

Whether it is speaking with alumni, meeting with professors, or attending industry events, networking plays a crucial role in identifying and connecting you to the potential job of your dreams.

# GRAD SCHOOL EXAMS

*The Basics*

*The first step in the graduate school process*

 Interactive: Click on each exam for additional information.



## GMAT

**Name:** *Graduate Management Admission Test*  
**Required for:** *Business School*  
**Cost:** *\$250 (excl. fees)*  
**When:** *Year-round*

## LSAT

**Name:** *Law School Admissions Test*  
**Required for:** *Law School*  
**Cost:** *\$190 (excl. fees)*  
**When:** *7 times a year*

## MCAT

**Name:** *Medical College Admission Test*  
**Required for:** *Medical School*  
**Cost:** *\$315 (excl. fees)*  
**When:** *Between January and September*

## GRE

*(Graduate Record Examination)*

The GRE is used by graduate schools and departments across all disciplines to assess applicants' readiness for graduate-level study. The examination includes three content areas: Verbal Reasoning, Quantitative Reasoning, and Analytical Writing.

**Required for:** *Graduate School*  
**Cost:** *\$195 (excl. fees)*  
**When:** *Year-round*





# 4 THINGS TO KNOW

BEFORE TAKING THE TEST

1.

## START PLANNING EARLY

Begin researching exam options your second year of undergraduate studies. Plan to take your first exam during your third year.

2.

## IT IS NOT CHEAP

Each exam costs nearly \$200 and most students take each exam multiple times, which means the cost adds up.

3.

## PRACTICE!!!

In the case of exams, the old adage is true - practice makes perfect. There are many free resources available for test-goers to use.

4.

## KNOW THE BASICS

Depending on which exam you are taking, they aim to assess foundational skills and concepts. So be sure to review and retain the subject's basic principles.

## NAVIGATING EXAM PREP SERVICES

### *Should I Pay For A Test Prep Program?*

The graduate entrance process is an incredibly expensive endeavor. Between registration costs and processing fees, students often spend hundreds of dollars to take the exams. However, in order to be competitive and score, many students spend even more on test prep courses, self-serve software, and books.

Over the years, several companies have focused on preparing students for the graduate entrance exams. Companies such as Manhattan Review or Peterson's offer preparatory books costing approximately \$15-\$30. Other companies such as Barron, Kaplan, and Princeton Review offer self-service software and preparatory courses that range in cost from \$99 to \$1,540.

Ultimately, the decision to pay for a test prep program depends on you. Think of how you learn best - are you self-motivated? Are you a structured learner? Do you perform best with tutoring and guidance? Paying for a test prep program is an investment, and should not be rushed into.



# FUNDAMENTALS

## of a Cover Letter

The cover letter allows you to directly target the job and the employer, leaving the resume to market your skills and experience. Cover letters are important because they tell employers the type of position you are seeking and exactly why you are qualified. Each letter is unique and should be tailored to the specific position at a particular organization. Be sure to incorporate language from the job description in your cover letter.

**1** **Monica Berry**  
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(347) 258-1777 | m.berry@gmail.com

**1** First Header: Your name, address, email, and phone number. Make sure your email is professional, otherwise use your CCNY email.

March 30th, 2019

**2** Ms. Sharon Booker  
High Achievers Academy  
16210 Mulholland Drive  
Los Angeles, CA 90049

**2** Second Header: This requires the name of the person you are directly in contact with, their organization, and their full address.

**3** Dear Ms. Sharon Booker,

**3** A formal salutation goes here. Pay attention to spelling - there is nothing more insulting than carelessly misspelling someone's name.

**4** I wish to apply for the second-grade lead teacher position at the High Achievers Academy in Los Angeles, CA. I currently hold a Bachelor of Arts degree from The City College of New York.

Before moving to California, I was the 2nd Grade Team Leader at Bronx Charter School. This position required me to teach all subjects to 23 second graders, while simultaneously leading and developing three other teachers in the grade. As a classroom teacher, I used data-driven **4** instruction, culturally-responsive teaching, and ongoing communication with parents to produce significant gains in reading, writing, math, and character development. As team-leader, I conducted weekly classroom observations, led data meetings, and collaborated with the School Director and Director of Curriculum to make improvements to the grade and organization as a whole. Last summer, I co-taught an intensive English course at the International School of Asia, Karuizawa.

Opening Paragraph: State the position for which you are applying and your educational background.

I believe that my passion, education, and experience combine to make me an ideal candidate for your position. Please contact me if need any additional information regarding my work experience and educational background; I would gladly provide them for you. I look forward to completing any further application materials that your organization may require, as well as the opportunity to meet with you for a personal interview at your convenience.

In the second paragraph you will briefly describe your experience - say what your resume cannot say.

**5** Sincerely,  
*Monica Berry*  
Monica Berry

In the third and final paragraph tell them why you are fit and well qualified for the job.

**5** Conclude with a formal salutation, sign the letter, and print your name.

# FUNDAMENTALS of a Resume

To stand out among other applicants, you need a resume that markets your strengths and evidences that you are a good match for the job. An excellent resume grabs the attention of employers and recruiters and simultaneously highlights your skills and accomplishments.

**Header:** Your name, address, email, and phone number. Make sure your email is professional, otherwise use your CCONY email.

**Education:** List your degree, GPA (only if it is strong) and highlight any awards earned such as Dean's List or Latin honors.

**Experience:** List in reverse chronological order from recent/present to oldest. You should add the name of the company, your employee title and the duties/tasks you were responsible for. Try to quantify or use number to express the impact you had in each role.

Make sure all to have someone copy edit. There is always something that can be improved. Also, check and double-check alignment

At the very bottom add your skills such as languages, computer proficiency, communication and/or writing skills.

## Monica Berry <sup>1</sup>

501 Green St. Apt A

New York, NY, 10488

(347) 258-1777 | m.berry@gmail.com

<sup>2</sup>

### EDUCATION

**The City College of New York, New York, NY**

May 2016

*Bachelor of Arts in Government and Law*

GPA: 3.50 (GPA in major – 3.85)

Awards: Dean's List Fall 2015; Dean's List Fall 2016; Dean's List Spring 2017

<sup>3</sup>

### EXPERIENCE

**Bronx Charter School, Bronx, NY**

August 2016-Present

*Grade Team Leader & Second Grade Teacher*

- Identified as a highly effective teacher in 2015, resulting in a promotion to Grade Team Leader
- Managed and supported six teachers' professional development through the implementation of curriculum and communication with parents
- Reported directly to the School Director on a weekly basis, providing updates on the grade and insights for organizational improvement
- Tailored reading instruction, which resulted in 88% of students reaching grade level mastery
- Maintained ongoing communication with parents regarding students' academic and behavioral development

**International School of Asia, Karuizawa, Karuizawa, Japan**

Summer 2017

*Intensive English Teacher*

- Co-taught and planned English lessons for ten Japanese middle-school students
- Collaborated with twenty veteran teachers to successfully lead a summer enrichment program for 82 middle school students from 32 different countries

**Teach For America, New York, NY**

<sup>4</sup> Summer 2016

*Intensive English Teacher*

- Selected from approximately 57,000 applicants nationwide for an AmeriCorps affiliate program
- Participated in an intensive training program while teaching in a summer learning academy
- Engaged in professional development activities specific to my licensed teaching area

### SKILLS

- Fluent in Spanish
- Excellent <sup>5</sup> communication skills
- Statistical Software: SPSS, STATA
- Microsoft Office and Outlook

# Professional Etiquette



## LETTERS OF RECOMMENDATION

Relationships with professors are incredibly rewarding and fruitful. Establish a relationship by chatting after class or during office hours and by talking to them about the class, their research, or a related topic.

Slowly build the relationship throughout the semester & keep in touch via email or appointments afterwards. An authentic relationship gives you a strong supporter who knows you well and can guide and mentor you, even after graduation.

## PROFESSIONAL EMAILS

Whenever you send an email, it is really important to make sure the message and tone are professional.

You need a subject line that is both relevant and concise. Your greeting should be cordial with Hello, Dear, or Good Afternoon. Use a simple and consistent font throughout the email. Keep the email as short as possible. Do not use emojis and make sure to always check your spelling and grammar.

# PROFESSIONAL ETIQUETTE

## CLASSROOM DECORUM

### DO'S & DON'TS



# 1

## STEP

# 2

## STEP

# 3

## STEP

### DO'S

Come to class on time

Come prepared with a notebook and writing utensil

Pay attention to the syllabus, ask questions, and learn professor expectations about how they run the class

### DO'S

Be respectful to your professor and your peers.

Get to know your classmates. They are great connections and even better study partners

Establish relationships with your professors.

### DON'TS

Don't interrupt the professor or a peer.

Phones are a disruption. Let your phone catch some Zzz's.

It's not nap time! Be attentive during class.

## SEVEN KEY CCNY RESOURCES TO CONSIDER

### ➔ EXPLORER PROGRAM: FINDING A MAJOR

Deciding on a major is a critical step in your academic career. In the *Explorer Program* you will work one-on-one with a career counselor to help you assess your choices which will result in you confidently selecting your major.

<https://www.ccnycunycuny.edu/cpdi/explorer-program>

### ➔ THE WRITING CENTER

The *Writing Center* offers one-on-one assistance for students working on writing assignments and projects from any discipline. Visit us whenever you need someone to listen to your ideas, discuss your topics or assignments, and read your drafts. Writing consultants will work with you on planning, drafting, and revising — all of the important steps in your writing process.

<https://www.ccnycunycuny.edu/writing>

### ➔ OFFICE OF AFFIRMATIVE ACTION, COMPLIANCE, & DIVERSITY

The *Office of Affirmative Action, Compliance, & Diversity* is responsible for ensuring that the City College complies with University and college policies, as well as federal, state, and local laws pertaining to affirmative action and equal employment opportunity.

<https://www.ccnycunycuny.edu/affirmativeaction>

### ➔ CITY COLLEGE IMMIGRATION CENTER

The *City College Immigration Center* is an office of the CUNY Citizenship Now initiative that offers free immigration services to all CCNY students and their families.

<https://www.ccnycunycuny.edu/we-are-one-ccny/city-college-immigration-center>



# CCNY CAMPUS RESOURCES

### ➔ SENIOR RECRUITMENT PROGRAM

The *Senior Recruiting Program* is available to bachelor and masters degree students who are graduating in the current academic year or who obtained their degree less than six months prior and are seeking full time employment after graduation. The program is designed to assist students with the career management process.

<https://www.ccnycunycuny.edu/cpdi/professional-recruitment-programs>

### ➔ FOOD PANTRY

The *CCNY Food Pantry* was established to assist students challenged with struggles of food insecurity at the City College of New York. The CCNY Food Pantry partners with NYPIRG on this initiative. *Open Mondays-Fridays 10AM-4PM (Appointments available on Wednesdays) NAC 6/145.*

<http://cpowellschoolblog.org/the-colin-powell-school-food-pantry>

### ➔ GENDER RESOURCES

The mission of *Gender Resources* is to provide education, outreach and resources to City College students on gender and sexuality. Core to this mission is the building of strong campus and community partnerships with the goal of strengthening services for the LGBTQIA community, survivors of sexual assault, intimate partner violence, stalking, dating and interpersonal violence.

<https://www.ccnycunycuny.edu/health-wellness/gender-resources>

# CLUBS & EXTRACURRICULARS

Access Future Club  
African Student Union  
Alpha Epsilon Delta  
Alpha Kappa Alpha Sorority Inc.  
Alpha Phi Alpha Fraternity, Inc.  
American Advertising Federation  
American Institute of Aeronautics and Astronautics  
American Institute of Architecture Students  
American Institute of Chemical Engineers  
American Medical Women's Association  
American Society for Engineering Education  
American Society of Civil Engineers  
American Society of Mechanical Engineers  
Anthropology Student Association  
Arab American Engineering Club  
ASHRAE  
Band of Brothers  
Bangladesh Student Association  
Baskerville Chemical Society  
Biology Club  
Biomedical Asian Health Coalition  
Biomedical Engineering Society  
Biomedicus 2019, 2022, & 2023  
Black Student Union  
Caduceus Society  
Caribbean Students Association  
CCNY A Capella Club  
CCNY Aerospace Club  
CCNY Amateur Radio Society  
CCNY Association for Computing Machinery  
CCNY Badminton Association  
CCNY Circle K  
CCNY Code Dojo  
CCNY Gospel Choir  
CCNY Green  
CCNY Hillel  
CCNY Medical Roots Project  
CCNY Robotics Club  
Chabad of CCNY  
Chartered Institute of Building  
Chi Epsilon  
Chinese Culture Club (3C)  
Chinese Students and Scholars Association  
Cinema Society  
City Chaahat - CCNY's Bollywood Fusion Dance Team  
City College of New York Debate Society  
City College Political Society  
City Honors Illustrious Mentor Program  
Club of Bologna  
Concrete Canoe Club  
Crimson and Cream Club/ Delta Sigma Theta Sorority  
Deep Foundations Institute  
Economics, Business and Finance: EBFS  
Electronic Design and Multimedia Club  
Engineers Without Borders  
Entrepreneurship Student Club  
Epic Movement  
Esports Club  
Eye To Eye  
First Love CCNY  
Gamma Nu Delta Sorority; Inc.  
GlobeMed at The City College of New York  
Habitat for Humanity at CCNY  
Health Professions Recruitment and Exposure Program  
Humanizing Homelessness  
IEEE - Eta Kappa Nu (HKN)  
Informality Magazine  
Institute of Electrical and Electronics Engineers (IEEE)  
Intervarsity Christian Fellowship (IVCF)  
Iona Nu Delta Fraternity Inc.  
Iona Nu Delta Fraternity Inc.  
Korea Entertainment Association  
LAESA-SHPE

Latinas Promoviendo Comunidad/Lambda Pi Chi Sorority  
LGBT+ Open Alliance  
Love Is For Everyone  
Model United Nations  
Muslim Students' Organization  
Muslims Giving Back @CCNY  
National Council of Negro Women  
National Society of Black Engineers  
New York Water Environment Association  
Outdoors Club  
Phi Beta Sigma  
Philippine-American Organization  
Physicians for Human Rights  
Planetary and Rocket Science Group  
Practical Engineering Club  
Pre-Dental Honor Society  
Pre-Physician Assistant Club  
Project Sunshine  
Psychology Club  
Public Relations Student Society of America  
Roosevelt Institute at CCNY  
Salsa Mambo Club  
Sci-fi Gaming and Animation  
Project Sunshine  
Psychology Club  
Public Relations Student Society of America  
Roosevelt Institute at CCNY  
Salsa Mambo Club  
Sci-fi Gaming and Animation  
Sigma Lambda Beta International Fraternity Inc.  
Sigma Lambda Upsilon/ Senioritas Latinas Unidas Sorority, Inc.  
Sisters of The Sophie Davis School of Biomedical Education  
SJP: Students for Justice in Palestine  
Society of Asian Scientists and Engineers  
Society of Automotive Engineers  
Society of Women Engineers  
Solidarity Inspiration and Friendship Club  
South Asian Student Association  
Steppers with Rhythm  
Student Association for International Studies  
Student National Medical Association  
Students Supporting Israel at CCNY  
Students Without Borders  
Tau Beta Pi  
Tau Epsilon Phi Fraternity; Inc.  
Tau Kappa Epsilon Fraternity; Inc.  
Teachers of Tomorrow  
The American Medical Student Association (AMSA)  
The Chemists' Club  
The City Tutors  
The Egyptian Culture Club  
The History Society  
The National Society of Collegiate Scholars (NSCS)  
The Percy Sutton SEEK Student Club  
The Sophie Davis Biograph  
Turning Point USA at the City College of New York  
The Undergraduate Physics Club  
United Nations Association - CCNY  
United Steel Bridge Club  
Vision Latina  
W.O.R.T.H. @ CCNY  
Women in Islam  
Women's Robotics Club

## CCNY ATHLETICS

Features 14 varsity sports, with seven for women (volleyball, soccer, basketball, fencing, cross country and indoor and outdoor track and field) and seven for men (soccer, cross country, basketball, baseball, tennis, volleyball, indoor and outdoor track and field).

# FINANCIAL AID 101

## IMPORTANT REMINDERS TO CONSIDER

### FAFSA

The FAFSA is where it all starts. To receive any form of federal financial aid - which includes Pell Grants, Federal Supplemental Educational Opportunity Grants (FSEOG), Perkins Loans, Stafford Loans, PLUS Loans and Federal Work-Study jobs - you must submit the Free Application for Federal Student Aid. Get started by visiting the highlighted link.

<https://studentaid.ed.gov/sa/fafsa>

### CUNY SCHOLARSHIPS

Scholarships provide students money that does not have to be repaid and usually is awarded on the basis of academic merit. CUNY offers more than 1,000 scholarships, awards, and special program opportunities. Each college has a complete listing of all the scholarships and financial awards it offers, they can help students as they begin their college careers or as they progress in their respective majors.

<http://www2.cuny.edu/financial-aid/scholarships/>

### EMERGENCY GRANTS PROGRAM

The Emergency Grants Program provides assistance to students facing unforeseen events resulting in a financial emergency that jeopardizes their ability to stay in school. Maximum Award: \$1,500.00

<https://www.cuny.edu/health-wellness/emergency-grants-program>

### NATIONAL SCHOLARSHIPS

National scholarships are highly competitive awards that provide opportunities and support for undergraduate and graduate study, research, study abroad, public service, teaching, and employment in non-profits, city and federal government. There is a wide range of prestigious national scholarship programs open to City College undergraduates and recent graduates.

<https://www.cuny.edu/honors/national-scholarships-and-fellowships>

### TUITION ASSISTANCE PROGRAM (TAP)

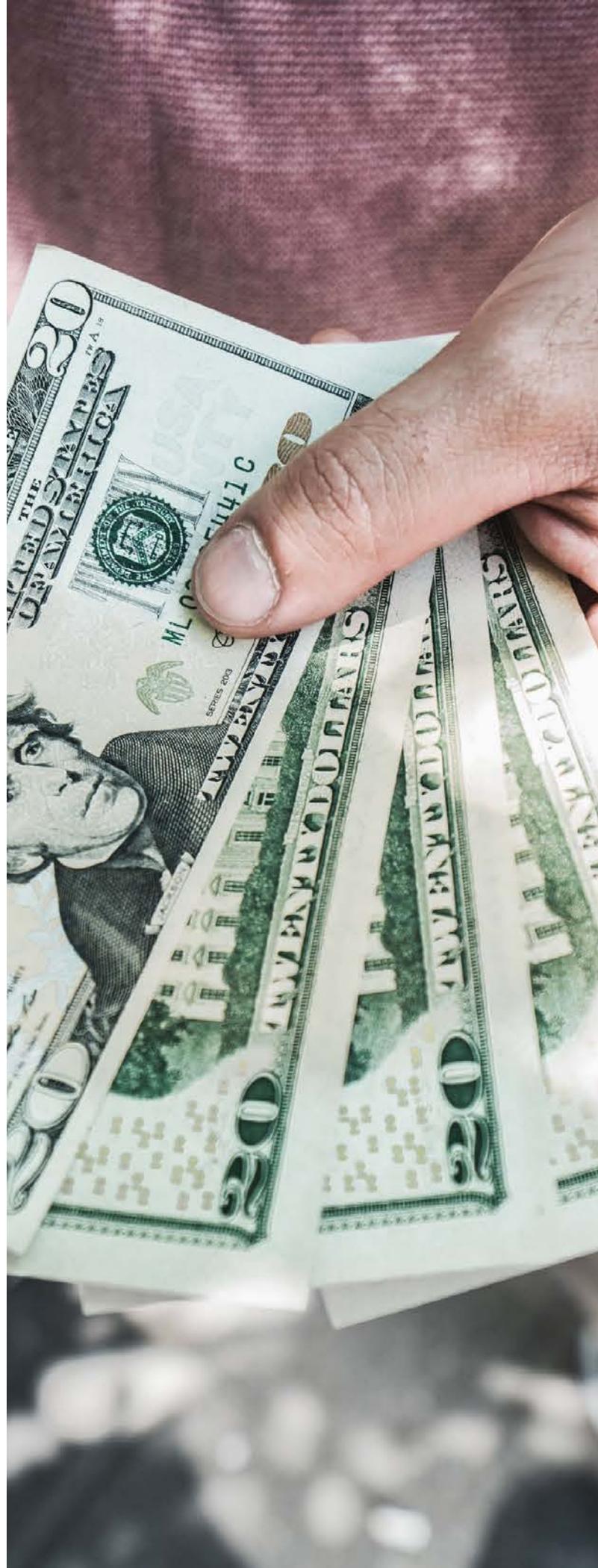
The New York State Tuition Assistance Program (TAP) helps eligible New York residents pay tuition at approved schools in New York State. Depending on the academic year in which you begin study, an annual TAP award can be up to \$5,165. Because TAP is a grant, it does not have to be paid back.

<https://www.hesc.ny.gov/pay-for-college/apply-for-financial-aid/nys-tap.html>

### PETERSON'S SCHOLARSHIPS

Peterson's Award Search is a database which presents 800,000 awards from nearly 2,000 sources in 69 academic subject areas. Peterson's scholarship search tool has the ability to filter available scholarships by school type, ethnicity, gender, field of study, state of residence, award type, and more!

<https://www.petersons.com/scholarship-search.aspx>





Interactive: Click on each program for additional information.

# INTERNSHIPS, FELLOWSHIPS & PROGRAMS

*"The expert in anything was once a beginner."*

## 1 PUBLISHING CERTIFICATE PROGRAM

The Publishing Certificate Program at CCNY was established in 1998 on the initiative of best-selling author and CCNY graduate Walter Mosley. The program offers a variety of courses and seminars to undergraduates and non-matriculating students which will provide them with the knowledge, professional skills and contacts necessary to enter the publishing industry. The core curriculum is taught by book professionals who are leaders in their fields.

## 3 CAREER & PROFESSIONAL DEVELOPMENT INSTITUTE

Internships are an excellent way for students to gain experience in a new environment, growing personally while they are contributing to the goals of the organization in which they are working. CPDI recognizes that it can be difficult for a student to secure an internship on their own. They are here to help.

## 5 SEMESTER IN WASHINGTON, D.C. PROGRAM

Live with other students in housing in a prime residential neighborhood in D.C. (Housing costs are covered by the program). You will attend an enriching program of lectures and cultural activities. You will also enjoy first-hand, resume-building experience in public service and earn up to 12 academic credits.

## 2 COLIN POWELL SCHOOL FOR CIVIC AND GLOBAL LEADERSHIP

The Colin Powell School offers a variety of fellowships for both undergraduate and graduate students at the City College of New York. They are designed for high achieving CCNY students, of any discipline or major. Some of the fellowships include the Partners for Change Fellowship, Edward I. Koch Fellowship and more.

## 4 SKADDEN, ARPS HONORS PROGRAM IN LEGAL STUDIES

The Skadden, Arps Honors Program is a unique partnership between Skadden, Arps, Slate, Meagher & Flom LLP—one of the preeminent law firms in the world—and The City College of New York that prepares students from low-income and underrepresented groups for successful legal careers and to enrich and diversify the legal profession.

# MEET THE PANEL

The post-baccalaureate experiences of three CCNY graduates



## SARAH APONTE

Sarah Aponte is Chief Librarian of the CUNY Dominican Studies Institute at The City College of New York and Associate Professor at The City College Libraries, conducting workshops and seminars on Dominican Studies and bibliographical instruction. She founded the Dominican Library in 1994 with donations of books and other materials by the Council of Dominican Educators.



## CHRISTINE APPAH

Christine Appah is a senior staff attorney in the Environmental Justice Program. Her work focuses on urban environmental health issues and sustainability. Christine engages in legal and legislative advocacy along with community outreach. She was recently appointed by Mayor Bill de Blasio to serve on New York City's OneNYC Advisory Board.



## ANNIKA LÜDKE

Annika Lüdke is the Manager of Corporate Relations & Foundations Grants at The City College of New York. Lüdke served as the President of The Association for International Affairs at City College, participated in various international student conferences at West Point and the U.S. Naval Academy and managed campus-related student human rights campaigns.

## TIPS AND SUGGESTIONS

### Q: WHAT ADVICE WOULD YOU GIVE TO YOUR 20-YEAR-OLD SELF?

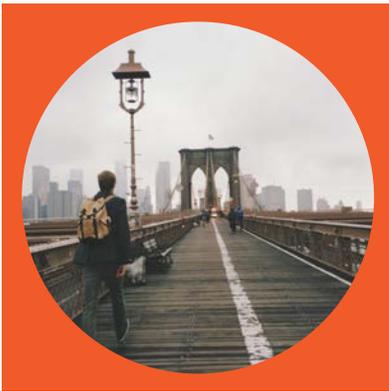
When I was 20 years old, I decided to take a gap year from college. The program, time and space was not right for me. I struggled taking this gap year and I felt like a failure. Now, I feel so empowered by this experience, because it resulted in me coming to New York for the first time. Failure is inevitable. In life, there will be bad decisions, challenges, and obstacles that you can't always avoid. What is essential is to hang on to your plans: hold your vision and trust the process. You have the right to start from scratch but your determination of how badly you want something will decide the outcome.

### Q: WHAT ARE YOUR STRATEGIES FOR COPING WITH STRESS?

When I started my MA in International Affairs, I felt very nervous about starting a MA degree in a different country. I knew I would have to adjust, read a lot of books and papers each week, and learn a more theoretical approach towards studying, contrary to my very practical communications program in PR and Public Affairs in The Netherlands. I was also nervous about starting from zero once again in a new city (New York City).

Looking back now: I wish I would have been a bit more relaxed and that I would have taken the time to adjust. Making new friends, relocating to a new country, and orientating to a new educational system is not done in a week! Be patient with yourself and find a new life path that works for you.

As for my undergraduate degree, which I received in The Netherlands, during this time I was solely focused on moving back to the United States and I wish I would have simply enjoyed my time a bit more. I believe the freedom of studying, a pretty flexible time schedule, and being in another country is often not appreciated enough.



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"BE PATIENT WITH YOURSELF AND FIND A NEW LIFE PATH THAT WORKS FOR YOU."

-ANNIKA LÜDKE

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